

KNOT

ANOTHER CHOIR

BULLETIN No 22 27th June 2024

Great rehearsal tonight, nice to have Julie Horsfield and Simon Pringle back!

We started with Lovely Day, Craig focused on the chorus, pre-chorus and first verse. For the long note in the chorus, don't take a big breath too soon or you'll run out of steam too quickly! If you try and sing in the style of a blue Peter presenter, it makes the note easier to hold. It works!



Craig would like us to bounce, bend our knees like Simon, give the song some momentum. All eyes on Simon!



Make sure we stick to time in the prechorus, we're all together and it needs to be tight. On the alright's, think of it like a wave dying away and then another, and it's alrude, no "t".

In the first verse, keep it sharp and bouncy, focus on the consonants. When the altos have their big moment on "rain", there's a break before "ain", the tenors join in on rain. Soprano's sound surprised with their oh!



Next week you'll do the second verse so please work on this to prepare (I'm away but will be practicing!)

Can't Help Falling in Love.

We ran through the first bit. Soprano 2s (who sounded amazing!) Can afford to be a little louder as there are less of them.

Basses can keep it light. They will be the only basses at the wedding, but they can do it!!

We finished with Wanna Dance with Somebody, a bit of brushing up on this would be good if, like me, you thought how does it start again?!

See you all on Sunday at 1-30 p.m. ready to sing at 2pm.!!!

Lynne

Thanks Lynne,

Numbers were back up to 77 at last night's practice, which is pretty impressive considering the traffic chaos in Knaresborough with road works and last night's KJS proms night.

Craig seemed very pleased that everybody had been working hard on Lovely Day, its beginning to sound really good, if you weren't there or have missed practices please watch the recording, don't forget its only three Thursday night's practices left before the wedding and we want to be as good as we possibly can be for Mr and Mrs Lees. Please remember if you can set aside a little time each day to practice our songs it can be so beneficial, you'll be amazed at the difference it will make to your confidence levels.

We went back to Can't Help Falling In Love, which is also coming together nicely. The SOP 2's did a great job as initially their part seemed difficult. I'm sure we're all looking forward to singing at Allerton Castle for Craig and Gemma wonderful wedding, it'll be great fun for KnAC and Craig's Contemporary Choir to sing together, there should be in excess of 100 of us singing.

Don't forget the practice on Tuesday 23rd of July at Allerton Castle, please could as many of you as possible, who are singing at the wedding, be there as we'll need to be placed for the ceremony etc.

Songs for Knaresborough Castle on 30th June with Declan (in no particular order) – *dress code Black and White (KnAC T-shirt if you have one)*

Some of these songs will need some revision so please go through them at home before Sunday.

- Don't Stop Believing
- Signed, Sealed, Delivered
- Africa
- Get By With A Little Help From My Friends
- One Day
- Higher Love
- Proud
- Stand By Me
- Wanna Dance with Somebody
- Something Inside So Strong
- Simply the Best
- Brave

Songs for Newby Hall on 20th July with Holly – *dress code Black and White monochrome (KnAC T-shirt if you have one)*.

Set One.

- Don't Stop Believing
- Signed Sealed Delivered
- Africa
- Get By With A little Help.
- Fix You.
- Higher Love.

Set Two.

- Lovely Day
- Stand By Me
- Wanna Dance with Somebody.
- Sing
- Beautiful Day.
- Brave.

Craig will be taking his Contemporary Choir to compete in “How Sweet The Sound”, which will display some of Europe’s most gifted gospel artists at The Royal Albert Hall London. “How Sweet The Sound” will showcase a host of top choirs and spoken word artists, competing across three prize categories. Grammy Award-winning composer Donald Lawrence will host the event, with judges from the world of gospel: Kingdon Choir founder Karen Gibson MBE, The London Community Gospel Choir’s Bazil Meade, and singer, songwriter and Premier Gospel radio presenter, Muyiwa Olarewaju OBE. There will also be performances from some very special guests.

The show starts at 6pm so John and I will leave Knaresborough or Harrogate sometime after lunchtime as we’ll be going by train. [Our seats at the Royal Albert Hall are in Arena F Row 5 seats 23 and 24.](#) I know others who are going and sitting in that same area too. We haven’t booked a hotel yet but we’ll let you know where we’ve booked nearer the time, it would be good if some of us could meet up and possibly travel together. Tickets are available from

<https://tickets.royalalberthall.com/syos/performance/86442>

We are planning a busy time in 2025, we have the opportunity to take part in two excellent choral competitions one in Llandudno North Wales on the 2nd March 2025

www.northwaleschoirfestival.secure.conwy.gov.uk

and the other is in Hull on the 3rd/4th of May 2025

[Hull International Choir Competition 2025 \(interkultur.com\)](http://interkultur.com)



**Dates for your 2024 Diary
SOME CHANGES PLEASE NOTE**

New events are in red. Cancellations are in purple.

- ❖ **Sunday 30th of June 2p.m. Singing at Knaresborough Castle accompanied by Declan .**
- ❖ **Thursday 4th July Practice.**
- ❖ **Thursday 11th July practice as usual.**
- ❖ **Thursday 18th July. Last practice before our summer break.**
- ❖ **Saturday 20th July Singing at Newby Hall accompanied by Holly.**
- ❖ **Tuesday 23rd July 19.15 – for those members singing at Craig’s wedding a rehearsal at Allerton Castle.**
- ❖ **Thursday 1st August 2024 Craig and Gemma’s wedding day, Knot Another Choir will be singing with Craigs Contemporary Choir!!! What a sound we’ll make. The wedding will take place at Allerton Castle Knaresborough. Times to be confirmed.**
- ❖ **Thursday 12th September – Return to choir 1st free night for any potential new members.**
- ❖ **Thursday 19th September 2nd free night for new members.**
- ❖ **Saturday 9th November –Preparation for Christmas all day Workshop @ Christ Church Harrogate.**
- ❖ **Saturday 23rd November – Ripon Cathedral Christmas Fare.**
- ❖ **NEW Saturday 7th December 7pm - We are delighted to be returning to sing at Knaresborough United Reformed Church (URC).**

- ❖ Thursday 19th December 7pm for 7.30pm Christmas Concert at the Church of St Johns Knaresborough in aid of Henshaw's Arts and Crafts Centre Knaresborough.
- ❖ **NEW** Sunday 23rd February 2025 North Wales Choir Festival Llandudno.**
- ❖ **NEW** May 4th/5th 2025 The Hull International Choir Competition.**
- ❖ **NEW** Sunday 7th of September 2025 The Caravan and Motorhome Show at The Yorkshire Showground. Time TBC.**

And Finally.

Singing has been shown to increase our sense of happiness and wellbeing. Research has found, for example, that people feel more positive after actively singing than they do after passively listening to music or after chatting about positive life events. Improved mood probably, in part, comes directly from the release of positive neurochemicals such as B-endorphin, dopamine and serotonin. It is also likely to be influenced by changes in our sense of social closeness with others.

Increasing evidence suggests that our social connections can play a vital role in maintaining our health—a good network, for example, can have more health benefits than giving up smoking. So it's possible that singing can improve health by expanding our social group. Indeed, the rapid social bonding that choirs encourage could therefore be even more beneficial.

Even if we don't talk to everyone in our choir, we might experience a general feeling of being connected with the group, leading to our sense of increased community and belonging.

Julie